An elderly client is admitted to the hospital to undergo abdominal surgery. The admitting orders include activity as desired, standard bowel prep, and an intravenous infusion of 5% dextrose in water to infuse at 75 ml per hour starting at 6 pm on the evening before surgery. The nurse understands that the primary purpose of administering intravenous fluids to a patient prior to surgery includes which of the following?

- Establish a route for administering medications rapidly.
- Avoid the need for inserting it on the morning of surgery.
- Decrease the client’s desire to take fluids by mouth.
- Ensure the client remains adequately hydrated.

An elderly client is admitted to the hospital for abdominal surgery. The admitting orders for the client include the following: activity as desired, standard bowel prep, and an intravenous infusion of 5% dextrose in water. The nurse should start the IV at 6 pm on the evening before surgery, and the IV should infuse at 75 ml per hour. What is the PRIMARY purpose of giving IV fluids to the client before surgery?

- To establish a route for the nurse to give medications quickly.
- To avoid the need for inserting it on the morning of surgery.
- To decrease the client’s desire to have fluids by mouth before surgery.
- To make sure the client is sufficiently hydrated during surgery.

### Kaplan’s Plain English for Nursing

**Sometimes the answer is in how the question is presented.**

Break down the language barrier on the nursing exams.

According to the NCSBN, “there is some relationship between lack of English language proficiency and NCLEX® performance.” Don’t let confusing language hold your students back.

Lippincott, Wilkins, and Williams + Kaplan Nursing’s Integrated Testing with Remediation now features Plain English for Nursing, an exclusive plug-in designed to teach students how to read through the lines on NCLEX-style questions.

**Go to KaplanNursing.com or call 1-800-KAP-TEST to learn more.**
To pass the NCLEX®, students must understand the questions. That isn’t always easy.

What does Plain English for Nursing do?

Plain English for Nursing allows students to try two versions of each question on their practice tests. The first version is the NCLEX version. The second has been modified for clarity.

By drilling the clearer version alongside the NCLEX version, students can better understand the language on the test. That way, they don’t waste valuable time guessing what a question is trying to say on Test Day.

How do I get Plain English for Nursing for my students?

Plain English for Nursing is part of Lippincott, Wilkins, and Williams + Kaplan Nursing’s Integrated Testing with Remediation. Every question in Integrated Testing’s Focused Review tests features Plain English for Nursing.

What else do I get from Integrated Testing?

Integrated Testing gives you and your students the highest quality content and industry-leading support without prohibitive prices.

The program offers:
+ Secure end-of-course and exit tests that predict success
+ Robust remediation resources
+ Flexible NCLEX exam prep options including Classroom Anywhere™—which gives students a flexible online option that fits into their lifestyle

Go to KaplanNursing.com or call 1-800-KAP-TEST to learn more.

*NCLEX® is a registered trademark of the National Council of State Boards of Nursing, Inc. XX40140A